

# CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Konings Antoinette HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 35: 100M FREESTYLE WOMEN 11-12 Heat:12, starttime: 10:34

Heat: 12/20 Lane : 8 Athlete: BEVERNAGE TRIX Q-time: 01:13:64

PB (50m pool): 01:13.64 Genk 01/02/2026 PB (25m pool): 01:09.67 SB: 01:13.64 Genk 01/02/2026

|    | 5 0 M     | 1 0 0 M   |  |
|----|-----------|-----------|--|
| PB | 00:35.84  | 01:13.64  |  |
|    | 00:35.84  | 00:37.80  |  |
|    | . . . . . | . . . . . |  |

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12 Heat:18, starttime: 10:44

Heat: 18/20 Lane : 8 Athlete: CLAESSENS ISA-BEAU Q-time: 01:08:65

PB (50m pool): 01:08.65 Ottignies Louvain-La-Neuve 07/06/2026 PB (25m pool): 01:08.75 SB: 01:08.65 Ottignies Louvain-La-Neuve 07/06/2026

|    | 5 0 M     | 1 0 0 M   |  |
|----|-----------|-----------|--|
| PB | 00:33.99  | 01:08.65  |  |
|    | 00:33.99  | 00:34.66  |  |
|    | . . . . . | . . . . . |  |

Coach feedback: